

## ALLERGY GUIDELINES

Food allergies can be a very serious medical condition, and in some cases, life-threatening. For the safety of participants and staff who have allergies, the following foods are **not permitted** at the program:

- **No nuts of any type.** This includes **peanut butter** and any product that could have **traces of nuts** or could have potentially come in contact with nuts and/or nut products during production.
- **No fish or shellfish of any type.**
- **No yogurts, puddings, fruit drinks or any other food that may contain banana, nuts, tree nuts or shellfish.**
- **No bananas**
- **No Kiwi**

**This list could change anytime dependent on new registrations.**

If your child has eaten foods that may contain any of these ingredients, please ensure they wash their hands and brush their teeth before attending the program.

**We encourage families to discuss the importance of not sharing snacks and the potential dangers of doing so.**

